



# TOWN OF LEDYARD CONNECTICUT

741 Colonel Ledyard Highway  
Ledyard, Connecticut 06339

## Community Relations Committee For Diversity, Equity & Inclusion

Chairman Gary St. Vil

### ~ AGENDA ~

Regular Meeting

---

Wednesday, December 17, 2025

6:30 PM

Town Hall Annex - Hybrid Format

---

In -Person: Council Chambers, Town Hall Annex Building

Remote Participation: Information Noted Below:

**Join Zoom Meeting from your Computer, Smart Phone or Tablet:**

**<https://ledyardct.zoom.us/j/83095809095?pwd=md72wmAqaLMb4daa5JcX698agEKyax.1>**

**Or by Audio Only: Telephone: +1 646 558 8656; +Meeting ID: 830 9580 9095; Passcode: 590590**

I. CALL TO ORDER

II. ROLL CALL

III. RESIDENTS & PROPERTY OWNERS COMMENTS

IV. PRESENTATIONS / INFORMATIONAL ITEMS

V. APPROVAL OF MINUTES

1. MOTION to approve the Community Relations Committee for Diversity, Equity, & Inclusion Regular Minutes of October 15, 2025.

**Attachments:** [COM-REL-MIN-2025-10-15](#)

VI. OLD BUSINESS

VII. NEW BUSINESS

1. Primary Care for All Americans- Framework

**Attachments:** [Dr Fine Presentation-Healthcare-Town Council Mtg-2025-09-10](#)  
[Parad-Inviation-Community outreach hope house-email-2025-09-19](#)  
[Parad-Partner-Mashantucket Pequot Tribal Nation & Town Healthcare](#)  
[Parad-Mashantucket Pequot Tribal Nation-Healthcare Framework for Ledyard-emaio;-2025-09-27](#)

2. Protocol to develop a relationship with the Mashantucket Pequot Tribal Council to help foster communication and mutual points of interest.
  3. Recognition of Colonel William Ledyard and Commemorate the Battle of Groton
-

Heights.

4. Discussion and possible action regarding the 2026 Black History Month Program (February)
5. Discussion and possible action regarding Woman's History Month (March)
  - Linda C. Davis Woman of the Year Award
6. Jewish Americans/Asian Americans (May)
7. Discuss the Foster Care Community.
8. Discussion and possible action to identify various town venues to host "Informal Conversations in the Park" to engage residents in discussions regarding their concerns and their ideas for potential solutions.
9. Discussion regarding the Pride Pizza in the Park (June)
10. Native America History Month (October)
11. Farmers Market Booths to highlight town services.
12. Coordinate and Sponsor Town Organizations such as:
  - Linda C. Davis Food Pantry
  - Citizens Helping Animals in Need (CHAIN)
13. Any New Business proper to come before the Committee

IV ADJOURNMENT

**DISCLAIMER:** Although we try to be timely and accurate these are not official records of the Town.



# TOWN OF LEDYARD

741 Colonel Ledyard  
Highway  
Ledyard, CT 06339-1511

---

**File #:** 25-2815

**Agenda Date:** 12/17/2025

**Agenda #:** 1.

---

## MINUTES

### **Minutes:**

MOTION to approve the Community Relations Committee for Diversity, Equity, & Inclusion Regular Minutes of October 15, 2025.



Chairman Gary St. Vil

# TOWN OF LEDYARD

## CONNECTICUT

### TOWN COUNCIL

741 Colonel Ledyard Highway

Ledyard, CT 06339

<http://www.ledyardct.org>

Administrative Assistant

Roxanne M. Maher

860 464-3203

### HYBRID FORMAT MINUTES COMMUNITY RELATIONS COMMITTEE FOR DIVERSITY, EQUITY AND INCLUSION REGULAR MEETING

Wednesday, October 15, 2025

6:30 PM

Town Hall Annex-Video Conference

#### DRAFT

- I. CALL TO ORDER – The Meeting was called to order by Councilor Brunelle at 6:32p.m. at the Annex Meeting Room - Town Hall Annex Building.

Councilor Brunelle welcomed all to the Hybrid Meeting. She stated for the Town Council Community Relations Committee for Diversity, Equity, & Inclusion and members of the Public who were participating via video conference that the remote meeting information was available on the Agenda that was posted on the Town's Website – Granicus-Insite Meeting Portal.

- II. ROLL CALL-

Attendee Name	Title	Status	Location	Arrived	Departed
Willaim Barnes	Town Councilor	Present	In-Person	6:32 pm	7:16 pm
April Brunelle	Committee Chairman	Present	In-Person	6:32 pm	7:16 pm
Adrienne Parad	Town Councilor	Present	In-Person	6:32 pm	7:16 pm
Drew Chappell	Resident	Present	In-Person	6:32 pm	6:45 pm
Roxanne Maher	Administrative Assistant	Present	Remote	6:32 pm	7:16 pm

- III. RESIDENTS & PROPERTY OWNERS COMMENTS

**Mr. Drew Chappell** 14 Sherwood Trace, Gales Ferry, stated that he watched the video from the Town Councils September 10, 2025 meeting online at which Dr. Fine gave a presentation on Primary Care for all. He stated as a member of this community, that he would encourage the town to take measures to ensure that all Ledyard residents not only have access to primary care but were actively utilizing it.

Mr. Chappell noted that he spent fifteen-years working in prehospital care as a paramedic working with American Ambulance (now Hartford Healthcare). He stated that he also spent three-years working in the emergency departments of Backus Hospital and Plainfield Emergency Care Center including during the height of the Covid-19 Pandemic. He went on to state that the last six-years, he has been the primary care giver for both of his elderly in-laws (76 female, 80 male), both of whom have numerous comorbidities

which make the management of their healthcare, as well as their quality of life, difficult. He stated that he could not express the impact of primary health care on the overall well-being of patients.

Mr. Chappell continued by stating that he would conservatively estimate nearly three quarters of all EMS calls could either be handled effectively by a primary care provider or would have been prevented by preventative medicine through primary care. He stated that the Center for Disease Control & Prevention(CDC) determined that approximately 60% of emergency room visits were for patients with at least one chronic condition. The number of patients he has seen with COPD or CHF (both chronic respiratory diseases) patients who were brought in to the hospital for shortness of breath due to poor management of their condition alone was an enormous tax on the system; and it was an expensive one: nebulizer treatments, chest x-rays, steroids, CPAP or BiPAP, and/or intubation and lengthy critical care unit in-patient stays. He stated that all of this was preventable with effective management of these conditions and that begin with primary care. He stated that this was not a single example that that would not apply to the majority of their town; that they should consider diabetes, epilepsy and other neurological disorders, falls prevention, or the magnitude of the seasonal flu. He stated that all of these were mitigated or managed by primary care and they were done so without huge emergency room costs, expensive interventions, costly ambulance bills, and lengthy hospital stays. He stated that Ledyard pays for the healthcare costs frothier town employees and sub-contract their emergency medical services with Hartford Healthcare. He stated with a program such as Primary Care For All, that they could maintain a healthier community and potentially reduce the costs of two large portions of their town's budget. He stated that he would urge the town to implement such a program; and that he would be willing to volunteer his time to coordinate efforts to achieve such a goal.

Councilor Parad stated that she appreciated Mr. Chappell's comments and his interest to volunteer to help with the Primary Care for All movement. She stated that she believed that by working to improve their healthcare system; that it could help with the town's annual budget. She stated that Primary Care for All was a grassroots movement and that it begins with folks like Mr. Chappell stepping forward to get involved. She stated the reason she did not want to be the point person for Primary Care For All was because things move much slower when you have to have meetings; and therefore, she stated that she delegated it to Mr. Chappell.

Councilor Barnes noted Councilor Parad's comment that she delegated Primary Care for All Grassroots initiative to Mr. Chappell and he asked what that means; does it mean that they officially have it for the community. Councilor Parad stated that Mr. Chappell was working on a Presentation that the Town Council could decide to adopt or modify. Mr. Chappell stated that currently the Team was himself and a couple of other people, noting that have received the backing of the Non-Profits to begin to implement their own Program. Councilor Barnes questioned whether they had an idea of what the cost was going to be. Mr. Chappell stated that it was still too early to tell what the cost would be noting that he was currently working to gather data such as demographics, primary care

offices in Ledyard, as well as gather information from the Administrative Offices of Yale and Hartford Healthcare noting that manage a number of primary care offices to determine where Ledyard residents were receiving their primary care, and where the gaps in primary care lie, etc. He stated that they may also be able to lean on Ledge Light Health District to do some outreach and education in getting others to help build their Primary Care for All Coalition.

The Committee thanked Mr. Chappell for attending tonight's meeting and for stepping forward to help with this Primary Care for All grassroots movement.

IV. INFORMATIONAL ITEMS/PRESENTATION – None.

IV. REVIEW AND APPROVAL OF MINUTES

MOTION to approve the following Community Relations for Diversity, Equity & Inclusion Minutes

- Regular Meeting Minutes of September 19, 2025
- Special Meeting Minutes of September 29, 2025

Moved by Councilor Brunelle, seconded by Councilor Parad

**VOTE: 3 – 0- Approved and so declared**

VI. OLD BUSINESS

1. Identify various town venues to host “*Informal Conversations in the Park*” to engage residents in discussions regarding their concerns and their ideas for potential solutions.

Councilor Brunelle stated the Committee would continue to keep the scheduling of “*Informal Conversations in the Park*” on their Agenda.

- ***Lantern Hill Waterfront Park (Bush Pond)*** – No Update
- ***Visit all of the Parks in Town*** – No Update.

Councilor Barnes suggested the Committee develop a list of topic that residents may be interested in coming out to talk about; noting as an example that Healthcare, may be a conversation they could have at one of the town's parks.

**RESULT: CONTINUED**

**Next Meeting: 12/17/2025- 6:30 p.m.**

2. Start a relationship with the Mashantucket Pequot Tribal Council to help foster communication and mutual points of interest.

Councilor Brunelle stated that former Town Council Chairman Naomi Rodriguez was their point person with the Mashantucket Pequot Tribe. She stated although she has not spoken with Chairman St. Vil that it was her understanding that he would like to take on the role to negotiate with the Tribe, noting that she still had to talk with Chairman St. Vil about this item. She noted with the November 4, 2025 General Election, that this would be a topic that they would want to forward to the incoming Community Relations

Committee for Diversity, Equity & Inclusion, noting that they would talk about “*Transition Items*” later this evening.

Councilor Parad stated that she reached out to the Mashantucket Pequot Tribe’s Chief Medical Officer Dr. Vora; and she noted that he was interested in helping us with their Primary Care for All. She stated that she would get Dr. Vora in touch with Mr. Chappell. She stated that the Mashantucket Pequot Tribe has their own Health Center and the Pequot Pharmacy, noting that they run all of their own healthcare. She stated that it would be good to see what elements have worked for them; and what Ledyard may learn from them.; or whether there was an opportunity to share.

Councilor Barnes questioned whether they should make a Motion to obtain Town Council authorization for further discussion with the Mashantucket Pequot Tribe. Councilor Parad questioned whether Councilor Barnes was referring to endorsing Mr. Chappell’s efforts. He stated he was thinking about the discussions with Mashantucket Pequot Tribe’s Chief Medical Officer Dr. Vora. He stated if Councilor Parad thought that it was just exploratory; however, he questioned how far those discussions should go before they had to do something more formal.

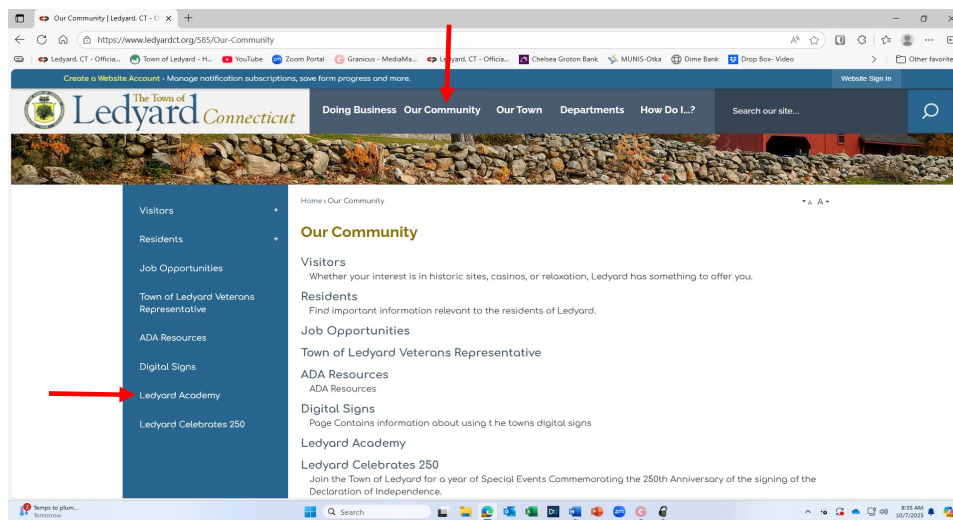
Councilor Parad stated as a member of the Community Relations Committee for Diversity, Equity, & Inclusion, she questioned how much leeway she had to pursue a discussion with Mashantucket Pequot Tribe’s Chief Medical Officer Dr. Vora; and once they had their discussion, whether she would have to bring that to the Town Council. Councilor Brunelle stated that was what Councilor Parad should do, because right now all she was having was discussions; and that was well within the role that she has. She stated if they come up with a Plan during their discussions, then Councilor Parad would bring that back to the Community Relations Committee for Diversity, Equity, & Inclusion for them to discuss. She stated if their Committee thought it was a good Plan then they would bring it forward to the Town Council.

**RESULT: CONTINUED**

**Next Meeting: 12/17/2025 6:30 p.m.**

3. Review the status of Department Heads Government Training Presentations.

Councilor Brunelle stated they have received a number of Department’s Presentations in response to Administrative Assistant Roxanne Maher sending a reminder out after their September 17, 2025 meeting. She noted that the presentations were attached to Legislative File on their Agenda and they were being uploaded to the Ledyard Academy link on the town’s website. She noted the *Ledyard Academy* link could be found by visiting the town’s website at [www.ledyardct.org](http://www.ledyardct.org); and clicking on the “*Our Community*” Tab and then clicking on the “*Ledyard Academey*”



**RESULT: CONTINUED**

**Next Meeting: 12/17/2025 - 6:30 p.m.**

4. Research Community Organizations that provide Opioid and Substance Abuse Disorder, Recovery, and Prevention Programs for the use of the Opioid Settlement Funding.

Councilor Barnes noted Councilor Parad's September 19, 2025 email invitation to tour the Hope House in Groton. He stated that he was not able to attend the tour and he asked about the facility and program.

Councilor Parad noted that the residents at the Hope House were transitory and that they did not require any medical care. She stated she was impressed with the facility noting that they have group counseling and do things together such as cook, and other daily activities. She stated in the basement they also had "The Kindness Connection" where residents seeking employment had access to clothing, shoes, etc., explaining that they had nothing because some may be escaping a some type of situation and they were looking for a job and to get their live on-track. She stated that the Hope House was in-need of funding, and although they appealed to Groton to request some of the Opioid Settlement Funding, that Groton did not agree to disperse funding to them. She went on to note that she did not know how many residents at the facility were from Ledyard. Councilor Brunelle stated the Opioid Settlement Funding Ledyard was receiving was to help their residents. Therefore, she stated that they would have to find out if there were Ledyard residents living at the Hope House before they could consider allocating funding to them.

Councilor Parad state that she suggested that Hope House reach out to Executive Assistant/Social Services Coordinator Kristen Chapman to see if they could work to bridge the services they provide. She stated at this time she was not providing a recommendation, but that she wanted to make the Committee aware that she did tour the facility.

**RESULT: CONTINUED**

**Next Meeting: 12/17/2025 6:30 p.m.**



5. 2025 Schedule for Informal Conversation Forums and Community Relations Committee for Diversity, Equity & Inclusion Initiatives.

Councilor Brunelle stated this was something they would want to forward to the incoming Town Council to allow them to determine the schedule and topics for discussion.

**RESULT: CONTINUED**

**Next Meeting: 12/17/2025 6:30 p.m.**

6. Possible Designated Youth Fishing Waterway.

Councilor Barnes stated the Parks, Recreation, & Senior Citizens Commission has not met; and therefore, he did not have update to report on this evening.

**RESULT: COMPLETED**

7. Recognition of Colonel William Ledyard.

Councilor Barnes stated he did not have anything new to report this evening.

Councilor Brunelle stated that this year the country would be celebrating the 250<sup>th</sup> Anniversary of the Signing of the Declaration of Independence.

**RESULT: CONTINUED**

**Next Meeting: 12/17/2025 6:30 p.m.**

8. Continued discussion regarding the Jewish Community

Councilor Parad stated that she reached out to the Jewish Federation of Eastern Connecticut to talk about the specific programing they wanted to work on. She stated that they have:

- Formed a partnership with *More Than Words* at the High School; noting that they were going to have a Holocaust Survivor speak at the High School.
- Have gone to the *Modern Genocide Classroom* and they would be calling the students to learn with that.
- Working with the Library to do a Community Program.

Councilor Barnes stated the Library Community Program was like the “*Informal Conversation in the Park*” but tailor made for the colder months. He stated that he thought they could have an interesting discussion.

**RESULT: CONTINUED**

**Next Meeting: 12/17/2025 6:30 p.m.**

9. Continued discussion regarding Primary Care for All Americans.  
Discussed earlier this evening (see above).

**RESULT: CONTINUED**

**Next Meeting: 12/17/2025 6:30 p.m.**

10. Any other Old Business proper to come before the Committee. – None.

#### VII. NEW BUSINESS

1. Discussion and possible action regarding the transition of outstanding/unfinished business items to be forwarded to the incoming Community Relations Committee for Diversity, Equity, & Inclusion.

The Community Relations Committee for Diversity, Equity, & Inclusion by consensus agreed to forward the following unfinished items of business to the incoming Twenty-eight Town Council:

- (1) Primary Care for All American
- (2) Develop/Foster Relationship with Mashantucket Pequot Tribal Nation
- (3) Plan Event to Recognize Colonel William Ledyard and Commemorate the Battle of Groton Heights
- (4) February - Black History Month Essay & Poster Contest
- (5) March – Woman’s History Month
  - Linda C. Davis Woman of the Year Award
- (6) May – Jewish American/Asian Americans
- (7) Foster Care Community
- (8) Informal Conversations in the Park (Open Topics)
- (9) June – Pride Pizza in the Park
- (10) October – Native America History Month
- (11) Farmers Market Booths to highlight town services
- (12) Coordinate and Sponsor Town Organizations such as:
  - Linda C. Davis Food Pantry and
  - Citizens Helping Animals In Need (CHAIN)

2. Any other New Business proper to come before the Committee – None.

#### VIII. ADJOURNMENT

Councilor Brunelle moved the meeting be adjourned, seconded by Councilor Barnes.

**VOTE: 3 – 0 Approved and so declared.** The meeting was adjourned at 7:16 p.m.

Respectfully submitted,

April Brunelle  
Committee Chairman  
Community Relations Committee



# TOWN OF LEDYARD

741 Colonel Ledyard  
Highway  
Ledyard, CT 06339-1511

---

**File #:** 25-2642

**Agenda Date:** 12/17/2025

**Agenda #:** 1.

---

AGENDA REQUEST  
GENERAL DISCUSSION ITEM

**Subject:**

*Primary Care for All Americans- Framework*

**Background:**

Dr. Michael Fine gave a Presentation regarding *Primary Care for All Americans* at the Town Council's September 10, 2025 meeting,

**Department Comment/Recommendation:**

(type text here)

**How providing primary care to Ledyard and save taxpayer dollars, build the economy and make Ledyard healthier**

*Lessons from our movement*

Michael Finn, M.D.



1

**Our Challenge: US Health Care is a hot mess**

- Life expectancy** 46<sup>th</sup> in the world
- Infant mortality** 50<sup>th</sup> in the world
- Health Disparities**
  - Life Expectancy Black Americans 4.5 years shorter than white Americans 11 years shorter than Asian Americans
  - Infant Mortality: Black Americans three times greater than white Americans

2

**And it's crazy expensive**

**\$5 trillion in 2023**

- 19.7% of GDP
- TWICE the average cost of other developed nations
- More 40% per year
- \$15,000 per person per year
- Commercial insurance \$9000 per/\$25,592 per family per year

**Communities**

- \$150 million for every community of 10,000 people
- The town budget for Schaffsville, RI population about 10,000 was \$45.6 million in 2025
- **\$150 million per year**
- The 2026-2027 budget was \$70 million

3

**The primary care triple superpower**

**Primary care improves health, reduces disparities and lowers costs when everyone has it**

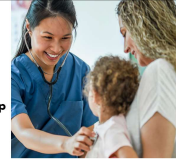
- By giving people an affordable option when they are sick (instead of the emergency room).
- By delivering effective prevention.
- By helping people with chronic disease get the treatments and prevention they need.

4

**Too few Americans have primary care**

**No more than 43 percent of the US population has a meaningful longitudinal primary care relationship**

*Only 65.7 percent of Medicare beneficiaries had a PCP visit within the last year (2019)*



• [https://www.eagere.org/globalassets/globalpublications/2021-2022\\_report\\_AirDocbook.pdf](https://www.eagere.org/globalassets/globalpublications/2021-2022_report_AirDocbook.pdf)  
 • Fitzpatrick MJ, Chang MS, Williams S. Primary care in high-income countries: how far do we come? *Commonwealth Fund*. Published March 2023.  
 • Rostrom ML, Chan YC, Pitts AJ, et al. Trends in outpatient care for Medicare beneficiaries and implications for primary care, 2000-2019. *Ann Intern Med*. 2023;174(12):1694-1699.

5

**Primary care is affordable – it costs no more than other essential services cities and towns provide for their own residents**

- About 3.9 percent of the total health care spend
- **\$165 per person per year**
- (The cost for advanced patient-focused team-supported primary care is likely \$1000-1200 per person per year)
- Similar to the costs of other services cities and towns provide for all their residents
- **Police and fire protection – about \$525 per person per year**
- **Water and sewer – \$400 per person per year**
- **Roads – \$622 per person per year**
- **Elementary and secondary education – \$2809 per person (1 not per student) per year**

6

**What can Ledyard do?**




- Study and report on Ledyard's primary care resources yearly
- Help our students become the primary care clinicians of the future
- Create local scholarships with obligations for local practice
- Redo the purchase of health insurance for public employees
- Fund primary care for the uninsured

7

**How can Ledyard get started?**

- Start a local workgroup
- We'll help!





8

**Primary Care for All Americans**

[www.primarycareforallamericans.org](http://www.primarycareforallamericans.org)

Join us!  
Volunteer!

9



10

## Roxanne Maher

---

**From:** Roxanne Maher  
**Sent:** Saturday, September 20, 2025 9:29 AM  
**To:** Town Council Group  
**Subject:** FW: Community outreach/hope house

---

**From:** Adrienne L. Parad <AdrienneP@ledyardct.org>  
**Sent:** Friday, September 19, 2025 11:47 AM  
**To:** Roxanne Maher <council@ledyardct.org>  
**Subject:** Community outreach/hope house

I have been in contact with Annette of the Hope House and she invited me for a tour of the facility. I am scheduled for 9/30/25 at 10:00AM.

I would like to extend the invitation to any council members and/or the Mayor to join me in this community outreach discussion.

Thank you,

Adrienne Parad

**Per Annette, this is her rationale:**

### **What We Need from the Members of Government of the Town of Ledyard**

We welcome the opportunity to meet with you and encourage you to invite anyone who may have an interest in our work. Our goals for building this relationship are twofold:

1. **Awareness & Collaboration** – We want you to have a clear understanding of who we are, the services we provide, and how these services can be utilized to better support the residents of Ledyard.
2. **Partnership & Funding Opportunities** – We hope to explore ways to partner with the Town, particularly in seeking financial assistance through available resources such as opioid settlement funding or cannabis revenue allocations.

By working together, we can strengthen the community response to recovery, prevention, and support services in Ledyard.

## Roxanne Maher

---

**From:** Roxanne Maher  
**Sent:** Thursday, September 18, 2025 11:11 AM  
**To:** Town Council Group  
**Cc:** Roxanne Maher  
**Subject:** FW: Opportunity for MPTN and Ledyard partnership for health initiatives

-----Original Message-----

From: Adrienne L. Parad <AdrienneP@ledyardct.org>  
Sent: Thursday, September 18, 2025 10:03 AM  
To: Setu K Vora <svora@mptn-nsn.gov>  
Cc: Roxanne Maher <council@ledyardct.org>  
Subject: Opportunity for MPTN and Ledyard partnership for health initiatives

Good morning Dr. Vora,

The Town Council committee on Community Relations and DEI met last night and we discussed reaching out to you. The MPTN has a wonderful health care program and we would love to learn more about how you ensure that your whole community is cared for. We had a great presentation by Dr. Michael Fine at the last full Town Council meeting and the community is now engaged in the research and planning required to institute a progressive plan to make a “Primary Care for all Americans” pilot in Ledyard. Would this be something that you would consider partnering with us to do? We are always looking for more ways to make our communities more cohesive!

Thank you for your consideration,  
Adrienne Parad

Sent from my iPhone



## Roxanne Maher

---

**From:** Roxanne Maher  
**Sent:** Saturday, September 27, 2025 12:22 PM  
**To:** Town Council Group  
**Cc:** Roxanne Maher  
**Subject:** FW: Framework for Ledyard

---

**From:** Vora, Setu K <[svora@mptn-nsn.gov](mailto:svora@mptn-nsn.gov)>  
**Sent:** Saturday, September 27, 2025 7:16 AM  
**To:** Adrienne L. Parad <[AdrienneP@ledyardct.org](mailto:AdrienneP@ledyardct.org)>; Roxanne Maher <[council@ledyardct.org](mailto:council@ledyardct.org)>  
**Subject:** Re: Framework for Ledyard

Good morning Dr. Parad-  
Happy to hear from you.  
Let me know how I may assist.  
Thanks  
Setu

Get [Outlook for iOS](#)

---

**From:** Adrienne L. Parad <[AdrienneP@ledyardct.org](mailto:AdrienneP@ledyardct.org)>  
**Sent:** Saturday, September 27, 2025 6:38:16 AM  
**To:** Vora, Setu K <[svora@mptn-nsn.gov](mailto:svora@mptn-nsn.gov)>; Roxanne Maher <[council@ledyardct.org](mailto:council@ledyardct.org)>  
**Subject:** Framework for Ledyard

[This email originated **outside of your network**. Do not click any links or open any attachments unless you trust the sender and know the content is safe.]

Dr. Vora,

We are trying to incorporate the principals of community building and equity through the primary care for all Americans framework. Ashtabula, OH was able to start by ensuring all town employees had access to a primary care physician, and thus it saved 15-20% of total health care costs by reducing emergency visits and preventive measures. I'll attach a policy statement highlighting the importance of primary care and an equitable approach.

[aafp.org](http://aafp.org)

Here is a link to our most recent Town Council meeting where we had a guest speaker, Dr. Michael Fine, discuss strategies for incorporating this in our local community. You can skip ahead to about 17:30 to watch and it's less than 15 minutes long.

[granicus.com](http://granicus.com)

We have some ambitious ideas, but I think it's something we can do. I look forward to hearing your ideas about it and how we can learn from and partner with the MPTN on this!

Thank you for circling back,  
Adrienne

Sent from my iPhone

### **Disclaimer**

The information contained in this communication from the sender is confidential. It is intended solely for use by the recipient and others authorized to receive it. If you are not the recipient, you are hereby notified that any disclosure, copying, distribution or taking action in relation of the contents of this information is strictly prohibited and may be unlawful.

This email has been scanned for viruses and malware, and may have been automatically archived by Mimecast, a leader in email security and cyber resilience. Mimecast integrates email defenses with brand protection, security awareness training, web security, compliance and other essential capabilities. Mimecast helps protect large and small organizations from malicious activity, human error and technology failure; and to lead the movement toward building a more resilient world. To find out more, visit our website.



# TOWN OF LEDYARD

741 Colonel Ledyard  
Highway  
Ledyard, CT 06339-1511

---

**File #:** 22-107

**Agenda Date:** 12/17/2025

**Agenda #:** 2.

---

AGENDA REQUEST  
GENERAL DISCUSSION ITEM

**Subject:**

Protocol to develop a relationship with the Mashantucket Pequot Tribal Council to help foster communication and mutual points of interest.

**Background:**



# TOWN OF LEDYARD

741 Colonel Ledyard  
Highway  
Ledyard, CT 06339-1511

---

**File #:** 25-1582

**Agenda Date:** 12/17/2025

**Agenda #:** 3.

---

AGENDA REQUEST  
GENERAL DISCUSSION ITEM

**Subject:**

Recognition of Colonel William Ledyard and Commemorate the Battle of Groton Heights.

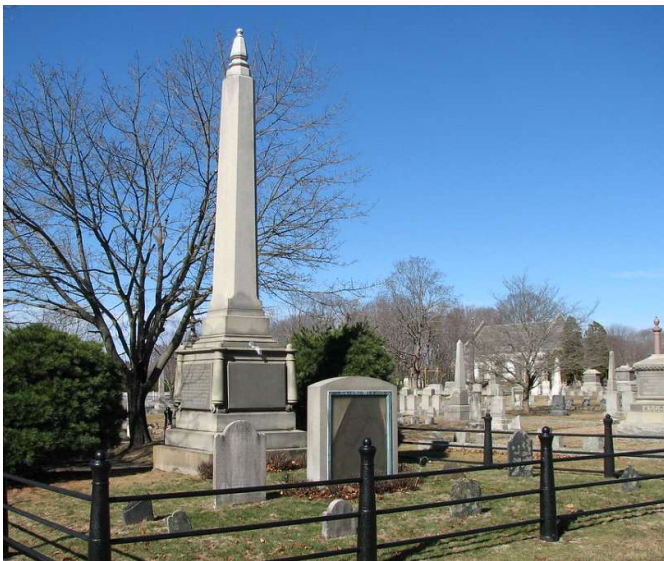
**Background:**

Colonel William Ledyard was born on December 6, 1738 in Groton; and died at the age of 42 on September 6, 1781 during *The Battle of Groton Heights*.

The Town was named after Colonel William Ledyard was Revolutionary War Patriot. who died in the defense of Fort Griswold against the British in *The Battle of Groton Heights*. Also, two Black Soldiers were also killed, one who was defending Colonel Ledyard, and one who killed the commander of the British Troops as he was coming over the wall.

Colonel Ledyard's Memorial Gravesite is in the Colonel Ledyard Cemetery on Mitchell Street, Groton; and his sword was in the Groton Library.

Currently the Town does not have any events to recognize the man who was their town's namesake.



**Department Comment/Recommendation:**  
(type text here)



# TOWN OF LEDYARD

741 Colonel Ledyard  
Highway  
Ledyard, CT 06339-1511

---

**File #:** 25-2839

**Agenda Date:** 12/17/2025

**Agenda #:** 4.

---

AGENDA REQUEST  
GENERAL DISCUSSION ITEM

**Subject:**

Discussion and possible action regarding the 2026 Black History Month Program (February)

**Background:**

(type text here)

**Department Comment/Recommendation:**

(type text here)



# TOWN OF LEDYARD

741 Colonel Ledyard  
Highway  
Ledyard, CT 06339-1511

---

**File #:** 25-2840

**Agenda Date:** 12/17/2025

**Agenda #:** 5.

---

AGENDA REQUEST  
GENERAL DISCUSSION ITEM

**Subject:**

Discussion and possible action regarding Woman's History Month (March)

- Linda C. Davis Woman of the Year Award

**Background:**

(type text here)

**Department Comment/Recommendation:**

(type text here)



# TOWN OF LEDYARD

741 Colonel Ledyard  
Highway  
Ledyard, CT 06339-1511

---

**File #:** 25-2640

**Agenda Date:** 12/17/2025

**Agenda #:** 6.

---

AGENDA REQUEST  
GENERAL DISCUSSION ITEM

**Subject:**

Jewish Americans/Asian Americans (May)

**Background:**

(type text here)

**Department Comment/Recommendation:**

(type text here)





# TOWN OF LEDYARD

741 Colonel Ledyard  
Highway  
Ledyard, CT 06339-1511

---

**File #:** 25-2841

**Agenda Date:** 12/17/2025

**Agenda #:** 7.

---

AGENDA REQUEST  
GENERAL DISCUSSION ITEM

**Subject:**

Discuss the Foster Care Community.

**Background:**

(type text here)

**Department Comment/Recommendation:**

(type text here)



# TOWN OF LEDYARD

741 Colonel Ledyard  
Highway  
Ledyard, CT 06339-1511

---

**File #:** 22-106

**Agenda Date:** 12/17/2025

**Agenda #:** 8.

---

AGENDA REQUEST  
GENERAL DISCUSSION ITEM

**Subject:**

Discussion and possible action to identify various town venues to host “*Informal Conversations in the Park*” to engage residents in discussions regarding their concerns and their ideas for potential solutions.

**Background:**

(type text here)

**Department Comment/Recommendation:**



# TOWN OF LEDYARD

741 Colonel Ledyard  
Highway  
Ledyard, CT 06339-1511

---

**File #:** 25-2842

**Agenda Date:** 12/17/2025

**Agenda #:** 9.

---

AGENDA REQUEST  
GENERAL DISCUSSION ITEM

**Subject:**

Discussion regarding the Pride Pizza in the Park (June)

**Background:**

(type text here)

**Department Comment/Recommendation:**

(type text here)



# TOWN OF LEDYARD

741 Colonel Ledyard  
Highway  
Ledyard, CT 06339-1511

---

**File #:** 25-2843

**Agenda Date:** 12/17/2025

**Agenda #:** 10.

---

AGENDA REQUEST  
GENERAL DISCUSSION ITEM

**Subject:**

Native America History Month (October)

**Background:**

(type text here)

**Department Comment/Recommendation:**

(type text here)



# TOWN OF LEDYARD

741 Colonel Ledyard  
Highway  
Ledyard, CT 06339-1511

---

**File #:** 25-2844

**Agenda Date:** 12/17/2025

**Agenda #:** 11.

---

AGENDA REQUEST  
GENERAL DISCUSSION ITEM

**Subject:**

Farmers Market Booths to highlight town services.

**Background:**

(type text here)

**Department Comment/Recommendation:**

(type text here)



# TOWN OF LEDYARD

741 Colonel Ledyard  
Highway  
Ledyard, CT 06339-1511

---

**File #:** 25-2845

**Agenda Date:** 12/17/2025

**Agenda #:** 12.

---

AGENDA REQUEST  
GENERAL DISCUSSION ITEM

**Subject:**

Coordinate and Sponsor Town Organizations such as:

- Linda C. Davis Food Pantry
- Citizens Helping Animals in Need (CHAIN)

**Background:**

(type text here)

**Department Comment/Recommendation:**

(type text here)