

How providing primary care to Ledyard and save taxpayer dollars, build the economy and make Ledyard healthier

Lessons from our movement

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Our Challenge: US Health Care is a hot mess

- Life expectancy** 46th in the world
- Infant mortality** 50th in the world
- Health Disparities**
 - Life Expectancy Black Americans 4.5 years shorter than white Americans 11 years shorter than Asian Americans
 - Infant Mortality: Black Americans three times greater than white Americans

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And it's crazy expensive

\$5 trillion in 2023

- 18.7% of GDP
- TWICE the average cost of other developed nations
- More 40% per year
- \$15,000 per person per year
- Commercial insurance \$9000 per \$25,592 per family per year

Communities

- \$150 million for every community of 10,000 people
- The town budget for Schaffal, RI population about 10,000 was \$45.5 million in 2025
- **\$150 million per year**
- The 2026-2027 budget was \$70 million

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The primary care triple superpower

Primary care improves health, reduces disparities and lowers costs when everyone has it

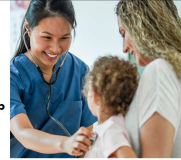
- By giving people an affordable option when they are sick (instead of the emergency room).
- By delivering effective prevention.
- By helping people with chronic disease get the treatments and prevention they need.

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Too few Americans have primary care

No more than 43 percent of the US population has a meaningful longitudinal primary care relationship

Only 65.7 percent of Medicare beneficiaries had a PCP visit within the last year (2019)



• https://www.eagere.org/globalassets/globalpublications/2021-2022_report_AirDoc_document.pdf
 • Fitzpatrick MJ, Chang MS, Williams S. Primary care in high-income countries: how far do we come? *Commonwealth Fund*. Published March 2022.
 • Rostrom ML, Chan Y, Pitts AJ, et al. Trends in outpatient care for Medicare beneficiaries and implications for primary care, 2009-2019. *Ann Intern Med*. 2023;178(12):1694-1699.

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Primary care is affordable – it costs no more than other essential services cities and towns provide for their own residents

- About 3.9 percent of the total health care spend
- **\$185 per person per year**
- (The cost for advanced patient-focused team-supported primary care is likely \$1000-1200 per person per year)
- Similar to the costs of other services cities and towns provide for all their residents
- **Police and fire protection – about \$525 per person per year**
- **Water and sewer – \$400 per person per year**
- **Roads – \$622 per person per year**
- **Elementary and secondary education – \$2809 per person (1 not per student) per year**

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What can Ledyard do?



- Study and report on Ledyard's primary care resources yearly
- Help our students become the primary care clinicians of the future
- Create local scholarships with obligations for local practice
- Redo the purchase of health insurance for public employees
- Fund primary care for the uninsured

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How can Ledyard get started?

- Start a local workgroup
- We'll help!



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Primary Care for All Americans

www.primarycareforallamericans.org

Join us!

Volunteer!




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