

## Application Form

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### Profile

Rhonda

First Name

Spaziani

Last Name

Middle  
Initial

rhondaspaz@aol.com

Email Address

9 Sunset Road

Home Address

Suite or Apt

Gales Ferry

City

CT

State

06335

Postal Code

Mobile: (860) 303-1728

Primary Phone

Home: (860) 464-2055

Alternate Phone

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### Which Boards would you like to apply for?

Planning & Zoning Commission: Submitted

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### Education & Experiences

Please tell us about yourself and why you want to serve.

## Why are you interested in serving on a board or commission?

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I am deeply committed to the growth and well-being of our town, and I believe my skills, experience, and dedication align well with the responsibilities of the Planning and Zoning Commission. My background demonstrates a strong ability to engage in thoughtful planning, decision-making, and collaboration, which are essential for effectively discharging the duties specified in Chapters 124 and 126 of the General Statutes. Relevant Experience and Skills: Understanding of Planning and Development: I have a strong interest in land use and development and appreciate the delicate balance between growth and conservation. This perspective ensures I will approach decisions with care, prioritizing Ledyard's long-term sustainability and community needs. Analytical and Decision-Making Abilities: My ability to evaluate complex information equips me to review Subdivisions, Site Plans, Special Permits, and regulatory amendments with a thorough and critical eye. I am comfortable interpreting data, regulations, and feedback to arrive at equitable and informed conclusions. Commitment to Conservation and Development Goals: I understand the importance of maintaining and updating the Plan of Conservation and Development (POCD) and the Housing Plan. These documents shape Ledyard's future, and I am enthusiastic about contributing to their evolution and implementation. Community Engagement: I am committed to listening to residents' concerns, understanding their perspectives, and integrating their needs into the town's planning and zoning efforts. Collaborative Spirit: As someone who thrives in teamwork-oriented environments, I will work effectively with the Land Use Department, fellow commission members, and other stakeholders to achieve our shared goals. My Vision for Ledyard: I envision a future where Ledyard continues to grow while preserving its unique charm, ensuring accessibility to quality housing, and prioritizing environmental sustainability. I aim to foster development that aligns with our town's values, enhances quality of life, and respects our natural and historical resources. Serving on the Planning and Zoning Commission would be both an honor and an opportunity to contribute meaningfully to the town I care about deeply. I am confident that my skills and commitment make me a strong candidate, and I look forward to the possibility of helping shape Ledyard's future.

## Community Involvement

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I am an active and dedicated member of the Ledyard community, involved in various initiatives that promote wellness, connection, and engagement. I teach classes at the Ledyard Senior Center and a fitness center in Gales Ferry, sharing my passion for health and well-being with residents of all ages. My commitment to service extends to education, as I offer free yoga and meditation classes at Three Rivers and host free community wellness activities through my yoga and Barre studio. Additionally, my husband and I co-chair the Eastern Connecticut Chapter of the American Wine Society, fostering community through shared interests. I have recently begun attending Democratic Town Committee (DTC) meetings, demonstrating my commitment to civic involvement and staying informed about local governance. I am also facilitating a Community Gathering to bring people together in meaningful dialogue. My husband and I prioritize staying connected to town affairs, regularly attending community meetings both in person and via Zoom. These experiences have deepened my understanding of our town's needs and strengthened my desire to contribute to its growth and development.

## Educational Background

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I hold a bachelors in Psychology, a Masters in Counseling, and completed significant amount of doctoral coursework in postsecondary developmental education, I am also an E-RYT 500 Yoga Teacher, Reiki Master Teacher, and Master Hypnosis Teacher.

Three Rivers Community  
College

Employer

Coordinator, College and  
Career Success Academic  
Discipline.

Job Title

[RhondaResume2022.doc](#)

Upload a Resume

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**Party Affiliation****Party Affiliation \***

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Democrat

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**Disclaimer & FOIA Information**

Your attendance and active participation is important for the Committee to conduct its business. Any member of a Committee/Commission/Board who is absent from three (3) consecutive regular meetings and any intervening duly called special meetings shall be considered to have resigned from the Committee and the vacancy shall be filled, except that the Committee may vote to waive attendance requirements in each case where illness or other extenuating circumstances make it impossible for a member to meet the attendance requirements. It shall be the responsibility of the Chairman of the Committee to notify the Town Council or Mayor's office when a member has not properly performed his/her duties.

**Please Agree with the Following Statement**

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**If selected as a board member, I understand that information on this application is subject to the Freedom of Information Act (FOIA) and may be disclosed to anyone requesting this information.**

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I Agree

**Signature (type full name below)**

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Rhonda Spaziani