

I'm just an average citizen, but I hope you might have time to read this information.

Fluoride in drinking water:

The subject of fluoride in drinking water has been in the local and national news lately. Western Europe bans fluoridated drinking water. Americans comprise 4% of the world's population yet we drink more than 50% of all the world's fluoridated water. Fluoride is neurotoxic and can affect various parts of the nervous system, including the brain, spinal cord and peripheral nerves. Fluoride is an industrial by-product of the phosphate fertilizer industry. The fluoride received by towns across the country undergoes no purification procedures and are often contaminated with elevated levels harmful toxins, including lead, aluminum, and arsenic. In higher doses, fluoride is used in pesticides to kill rats and insects. The Food and Drug Administration (FDA) requires all fluoride toothpaste sold in the United States to carry a poison warning that instructs users to contact a poison control center if they (or children) swallow more than used for normal brushing. Non fluoride toothpaste is available, but hard to find. There are other documented negative health effects linked to fluoride. Because the US federal government will take no action, over 1,400 American communities have now banned fluoride from their water. There are national studies showing fluoride doesn't help teeth at all. The Iowa Fluoride Study (IFS), funded by the National Institutes of Health, is the most comprehensive, ongoing research project in the U.S. - the only one measuring all sources of fluoride ingestion - they found no significant correlation between ingested fluoride and cavity reduction. The World Health Organization did a study showing cavity rates in children (age 12) were the same in countries that did and did not use fluoridated water. The following is a partial list of countries that have a 100% ban on fluoridated water: Austria, Belgium, Britain (89% ban), Denmark, Finland, France, Germany, Greece, Iceland, Italy, Luxembourg, Netherlands, Norway, Portugal, Spain (90%), Sweden, Switzerland. There is no law (federal or state) requiring fluoride to be in a town's drinking water. The decision is optional and is decided by local town governments.

From France: "Fluoride chemicals are not included in the list of chemicals for drinking water treatment. This is due to ethical as well as medical considerations." Louis Sanchez, Directeur de la Protection de l'Environnement, August 25, 2000.

(source material for this information: "Fluoride Action Network")

Take Care,
WM Brown